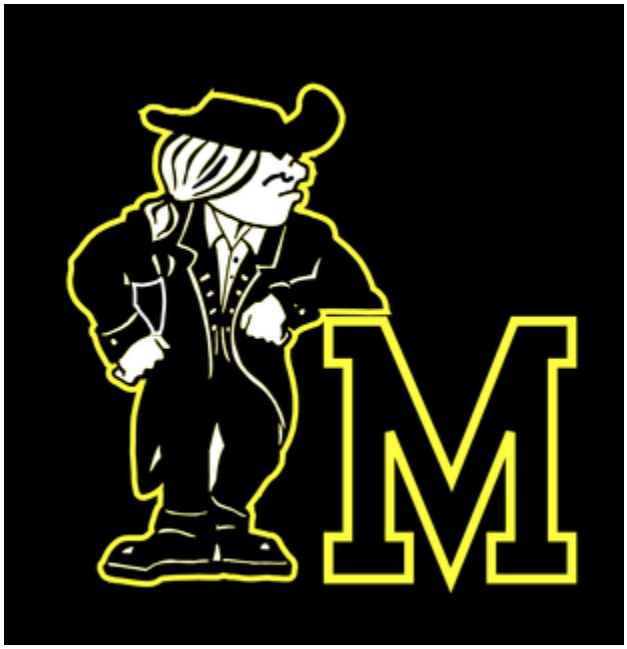
Moorestown Township Public Schools Athletic Department

Student-Athlete & Parent Handbook



HOME OF THE ***QUAKERS***

Spring 2001
Amended Summer 2004
Updated/Amended Summer 2009
Updated/Amended Summer 2010
Updated/Amended Summer 2012
Updated/Amended September 2019

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Moorestown High School Administration	
Principal	Mr. Andrew Seibel
Assistant Principal	Mr. Bob McGough
Assistant Principal	Mr. Don Williams
Athletic Director	Mr. Shawn Counard
Athletic Administrative Assistant	Ms. Lori Martinez
Athletic Trainer	Mr. Justin Miloszewski

Athletic Office Contact & Social Media	
Phone	(856) 778-6610 ext. 12150
Athletic Director Email	scounard@mtps.us
Athletic Administrative Assistant Email	lmartinez@mtps.com
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MHS Athletic Websites
Moorestown Athletic Homepage
Genesis Athletic Online Registration
Moorestown High School Athletic Schedule

Important Documents
MHS Athletic Physical Form
Athletic Event Travel Release Form
Summer Recess Equipment Loan Form

Other Important Links
NJSIAA
NCAA Eligibility Center
National Federation of State HIgh School Associations
Burlington County Scholastic League Schedule
NJ.com High School Sports

Moorestown Public Schools Athletic Department Philosophy

The Moorestown Athletic Programs seek to pursue excellence and make a positive impact through hard work, attitudes of integrity and fairness, respect for others, teamwork, and dedication to academic, athletic, and developmental goals.

League Membership

Moorestown High School is a member of the Olympic Conference, West Jersey Football League, and the South Jersey Interscholastic Swim League. In addition, MHS is a member of the New Jersey Interscholastic Athletic Association (NJSIAA) and competes in Group III playoff tournaments.

Moorestown High School Athletic Directory

Athletic Department Directory

Moorestown High School Interscholastic Teams

	Varsity	JV	Freshman
Football	✓	✓	✓
Girls Soccer	✓	✓	✓
Boys Soccer	✓	✓	✓
Unified Soccer	✓		
Field Hockey	✓	✓	✓
Girls Volleyball	✓	✓	✓
Boys Volleyball	✓	✓	✓
Girls Cross Country	✓	✓	
Boys Cross Country	✓	✓	
Cheerleading	✓		
Boys Basketball	✓	✓	✓
Girls Basketball	✓	✓	✓

Unified Basketball	✓		
Wrestling	✓	✓	
Unified Bowling	✓		
Baseball	✓	✓	✓
Softball	✓	✓	✓
Boys Track	✓	✓	
Girls Track	✓	✓	
Unified Track	✓		
Girls Tennis	✓	✓	
Boys Tennis	✓	✓	
Girls Lacrosse	✓	✓	✓
Boys Lacrosse	✓	✓	✓
Girls Golf	✓		
Boys Golf	✓		
Girls Swimming	✓	✓	
Boys Swimming	✓	✓	

Registration

Prospective student/athletes must complete the two part registration on/or before the predetermined date for each season.

To Access the Online MHS Sports Registration:

1. Go to mhs.mtps.com
2. Click on the **Athletics** tab
3. Select **Sports Registration**

Electronic Signature (ES) Needed

1. Head Injury Concussion Education Sign-off (ES needed)
2. Cognitive Testing & Return to Play Protocols Sign Off - (ES needed)
3. Cardiac Education Sign-Off - (ES needed)
4. Consent to Random Drug & Steroid Testing / Policy & List of Banned Substances Sign-off - (ES needed)
5. Advised Consent Form Sign-off (ES needed)
6. Asthma Awareness Questionnaire - (ES needed)

7. Electronic Signature - (ES needed)
8. Sports-Related Eye Injuries - (ES needed)
9. Opioid Use and Misuse Educational Fact Sheet (ES needed)
10. Opioid NJSIAA NJ Cares Video
11. Health History Update

MANDATORY Hard Copy Submissions

Physical forms must be completed and HARD COPY submitted to the Nurse's Office in order for a child to be cleared for sports participation.

Student Athlete Eligibility

Attendance Eligibility

- Any student absent from school for illness or unexcused absence on the day of a game, a scrimmage, or a practice is not permitted to participate that day. The athlete should not be on school grounds if they are not in school for illness or an unexcused absence.
- If a student-athlete receives an excused absence from school on the day of a game, a scrimmage, or practice then he or she is permitted to participate that day.
- If a student-athlete receives administrative permission for an early dismissal for reasons other than illness, he or she is permitted to participate that day.
- If a student-athlete is absent from school the day before an athletic contest, either for illness or an excused absence, he or she is permitted to participate the next school day provided that the administration has not placed restrictions on that participation (i.e. suspensions).
    - Students who have an unexcused absence on Friday cannot participate until the next school day.
- Students may not participate in practices or athletic contests on any given day if they arrive at MHS after **10:00 AM or are present for less than 4 instructional hours** unless prior administrative approval was given for a student to arrive late to school.
- If MHS has a single session day, a student shall be present **at least two hours** in the session in order to be recorded as present for the full day. (BOE Policy #5113)
- Students who have appointments during the school day are asked to sign-out and sign back into school in the attendance office.
- If a student-athlete is present in school and leave school due to illness, a student-athlete is not permitted to participate that day.
- As per the MHS Student-Parent Handbook, any student participating in athletes must dress and participate in Physical Education class to be able to practice and compete in games/matches. Failure to participate in Physical Education class will result in the student being ineligible to participate in the athletic activity on that day.

Age Eligibility



- An athlete becomes ineligible for high school athletics if he/she attains the age of nineteen prior to September 1. However, any athlete attaining age nineteen (19) on or after September 1 shall be eligible for the ensuing school year (NJSIAA Constitution, Art. 5, Sec. 3C)
- Junior High/9th Grade regulations provide that a student becomes ineligible for 9th grade athletics if they reach age sixteen (16) prior to September 1 of that school year. (NJSIAA Constitution, Art. 5, Sec. 3c)
- Students below the 9th grade are not permitted to practice with students of grade nine (9) through twelve (12). Students in grade eight (8) may begin to practice, participate and compete in summer workouts and leagues with students in grade nine (9) through (12) after the completion and graduation of 8th grade.

Academic Eligibility

- To be eligible for athletic competition during the first semester a pupil must have passed 25% of the credits (30) required by the State of New Jersey for graduation, during the immediately preceding academic year.
- To be eligible for athletic competition during the second semester, a pupil must have passed the equivalent of 12 1/2% of the credits (15) required by New Jersey for graduation at the close of the preceding semester.
- Students may be eligible in the second semester of their senior year even when they carry less than 15 credits during the first semester provided they are meeting their school district's graduation requirements and are passing all courses in which they are enrolled at the start of the first semester.
- Notwithstanding the provisions of paragraphs 1 and 2 above, a pupil who is eligible at the beginning of a sports season shall be allowed to finish that season.
- No student shall be eligible for high school athletics after the expiration of eight consecutive semesters following his/her entrance into the 9th grade. A student becomes ineligible for high school athletics when the class in which he/she was originally enrolled has graduated.

Physical Eligibility

- All pupils in grades six (6) through twelve (12) participating in interscholastic athletics must be given a physical examination within 365 days prior to the first practice session. Physicals must be given by the individual's primary health physician. If you do not have a family physician or health insurance, please notify the athletic trainer so arrangements can be made.
- The physical must be completed on the District approved MHS Preparticipation Physical Form.
- All physical paperwork must be handed to the Nurse by the predetermined date for each season. Failure to turn in the paperwork on-time may result in student/athlete not being cleared by the start of the first practice session
- REMEMBER it may take a minimum of 4-5 business days to process medical paperwork once it is handed in by the athlete.
- No pupil, married or unmarried, who is otherwise eligible for enrollment in this district will be denied an educational program because of pregnancy, childbirth, pregnancy-related disabilities, or actual or potential parenthood.
    a. The Board of Education reserves the right to require as a prerequisite for participation in the regular instructional program and in the co-curricular program that a pregnant pupil present to the school Principal her physician's written statement that such participation will not be injurious

to her health or jeopardize her pregnancy. (BOE Policy 2416)

Multiple Sport Eligibility

- No student is permitted to participate in another sport unless until he/she has met all requirements in the previous sport.
- A student-athlete may not transfer from one athletic team to another during the same season unless permission is granted by the Head Coaches of each sport, the Director of Athletics, and the Principal.
- Athletes are considered members of a team when they have completed one team practice.

14th Period Study Hall

- All student-athletes are required to report to the cafeteria immediately following the end of 13th period.
    - If a student is meeting with a teacher during 14th period, they must bring a pass with them.
- Student-athletes will remain in the cafeteria until the end of 14th period or until a coach signs them out.

Locker Room Rules and Regulations

The following rules and regulations shall be in effect for all student-athletes when utilizing the locker room:

- Athletes should not be in the locker room without the supervision of a coach or school official.
- Athletes are not permitted in the coach's office, physical education office, or training room without the supervision of a coach or school official.
- All athletic teams and student-athletes have a responsibility to help maintain a clean locker room.

Athletic Schedules

- All season schedules, results, and daily schedules can be seen on https://www.burlingtoncountyscholasticleague.org/public/genie/342/school/11/. Or you can reach the site by accessing the high school website athletics page and clicking on the desired team and level for a link to their respective schedule.

Equipment

Student-athletes are responsible for the equipment and supplies, which have been issued as part of the tools of each sport. All equipment must be carefully and safely used. All uniforms and team items must be returned in good condition for the future use by other athletes.

- Coaches will be responsible for issuing and collecting athletic equipment.



- Any athlete who quits the team must bring his/her equipment immediately to the coach to be cleared At the conclusion of the season, athletes will turn all equipment to their coach.
- All equipment in lockers will be collected by the head coach on designated collection days.
- No equipment is to be taken from the school grounds by students except for use in a contest or for laundering purposes.
- No athletic equipment issued to squad members may be worn in gym class or worn outside of practice or game situations. Coaches must instruct their squad members of this regulation.
- Coaches will alert the athletic department of missing equipment at the conclusion of their season.
- It is the student's responsibility to care for this equipment. Moorestown is not responsible for damaged items.
- If equipment is lost or stolen during the season, the athlete must report the incident to the Head Coach immediately. This equipment is still the responsibility of the student athlete.
- If the school issued equipment is not returned at the end of the season, the coach will make a reasonable attempt to collect the missing items, including but not limited to calling the athlete's parent/guardian. If the equipment is still not returned, a fine will be placed on the student's Genesis account by the Athletic Department that must be paid prior to the start of a second sport.
- No student will be permitted to participate with school issued equipment in a second sport until he/she has met all equipment requirements in the previous sport.
- As a matter of safety and facility maintenance, athletes may not wear spikes or cleats in the building
- Students wishing to use equipment over the summer recess must have the permission of the coach and the Athletic Director. The parent/guardian of the student must complete the signed the proper form. Forms may be found in the Athletic Office or online (Summer Recess Equipment Loan Form). No equipment is allowed to be distributed during the out-of-season period as defined by the NJSIAA.

Athletic Practices

- All aspects of practices and games, including transportation to and from the event, is supervised by Board of Education appointed personnel.
- The scheduling of practice locations is to be approved by the Athletic Director. Decisions regarding field usage will be determined by the Athletic Director and the Building Principal with input from the Head Coach.
- Practices on Sundays or religious holidays may be approved under special circumstances with the recommendation of the building Principal and the approval of the Superintendent of Schools.
- Athletic practices may not begin before 2:45 without the permission of the building Principal.
- The length of an athletic practice depends on many variables, with the most important factor being the well-being of the athletes. Athletic practice sessions generally last 2-2.5 hours.
- "Captains' Practices" are not sanctioned by the school district. All school-sanctioned practices are supervised by a Moorestown Board of Education approved coach.
- Any absence where a student-athlete who chooses to miss an in-season high school event to participate in a sport outside of the high school will result in an unexcused absence and fall under that teams attendance policy.

Transportation

- It is the responsibility of the coach to have members of his/her squad ready to board the bus at the designated time
- At least one coach will be present in all vehicles carrying team members. This includes to and from events.
- Bus discipline is important, not only for team control, but for safety. All should remain seated during the trip. Yelling, reaching out the windows, and other forms of misbehavior are not permitted. General bus cleanliness is encouraged after a trip.
- Students are not permitted to leave or enter the rear emergency door except by permission of the bus driver
- No athletic teams or cheerleaders will be transported in private cars for any reason unless it is an emergency. The athletic director and principal will give approval.
- Students who are members of an athletic team or squad to a contest, practice, or game should return on the bus. It is the responsibility of the coach or advisor to see that this regulation is carried out. An athlete may be transported home from a team competition by a parent/guardian. The request must be made in writing and approved by the coach and the Director of Athletics in advance.
- Transportation of a student to or from an athletic event by a student's parent/guardian or an adult other than the parent/guardian requires the following:
    1. A written request from the parent/guardian stating the names of the adult(s) and giving permission for this to occur.
    2. A written note from the adult providing the transportation and indicating his/her acceptance of full responsibility and liability
    3. The approval of the above by the Building Principal or Director of Athletics.
    4. Waiver forms can be picked-up in the Athletic Office, from your coach, or printed from the Moorestown Website
        - Transportation Waiver Request Form
- It is also important that parents are available to pick up their son/daughter within fifteen minutes after a practice, home game or away game (upon the return of the team bus). It is unfair to the coach to have to wait more than fifteen minutes.

Athletic Awards

Awards shall be as follows:

- JV Team = Certificate
- Varsity Team
    1. First Year Letter Winner – 6" Chenille Letter w/ sports emblem
    2. Second, third & fourth year – metal bar insert
    3. 1st Sectional or State Championship -- 10" Chenille Letter
    4. Captain – metal star insert



5.

- A student shall receive only one material award in the form of a letter or emblem. Upon earning additional award, he/she shall receive the appropriate certificate and insert.
- A student may receive only one award per season.

Varsity Award Requirements

- Football = 1⁄2 of the total game quarters
- Field Hockey = 1⁄2 of the total halves
- Basketball = 1⁄2 of the total game quarters
- Softball = 1⁄2 of the total innings or 1/3 the games for pitchers
- Baseball = 1⁄2 of the total innings or 1/3 the games for pitchers
- Cross Country = Score in ½ of the meets or qualify as a member of the team that runs in the state sectional meet
- Track = Score an average of one point per meet or score in ½ of the total meets
- Cheerleaders must be a member of the squad in good standing according to the rules of the coach and complete all requirements for the full year squad as determined by the coach an athletic director.
- Tennis = 1⁄2 of total matches
- Soccer = 1⁄2 of the total halves
- Golf = ½ of the total matches or score in at least two matches
- Wrestling = ½ of the total matches
- Girls Lacrosse = ½ of the total halves
- Boys Lacrosse = ½ of the total quarters
- Volleyball = 1⁄2 of total matches

An athlete must finish the season in good standing to receive any award.

Special Consideration

- Seniors who have not met award requirements may receive a letter at the discretion of his/her coach.
- The head coach may recommend awards in special cases to athletes who have not met the requirements.
- Certificates of participation shall be awarded to all students who complete the sports season but have not met award requirements.
- Manager's awards will be given as recommended by the coach:
    1. Certificate = each year as a manager;
    2. Letter = three consecutive years as a manager in the same sport;
    3. Bar = four consecutive years in the same sport
- Injured athletes while participating in a sport may also be considered for a letter.

Championships

- Plaques will be awarded to all athletes on a team which wins a State Championship.

SPORTSMANSHIP

Good Sportsmanship

Good sportsmanship should be one of the primary goals of athletic endeavors.

It is especially important that the athletic director and coaches accept the responsibility for encouraging young athletes to handle themselves in a sportsmanlike way and be models of self control and dignity for players and spectators. Coaches shall include discussions on courtesy and sportsmanlike behavior as part of pre-game activities. Student fans shall be reminded that their conduct reflects on the schools of this district and that poor sportsmanship will be disciplined.

Parents/guardians and other adult spectators shall also be encouraged to act as models for young people by demonstrating self-control and dignity at all athletic events.

Unsportsmanlike behavior as exhibited through verbal abuse, rude gestures, taunts, obscenities, thrown objects, etc.shall not be tolerated in students, staff or any persons in attendance at district athletic competitions. Discipline may include, but not be limited to, eviction from the competition and prevention from attending further competitions.

The Fundamentals of Sportsmanship

Gain an understanding and appreciation for the rules of the contest.

- To be well informed is essential. All involved must know the rules. Uninformed individuals should refrain from expressing opinions on officials, coaches, and administrative decisions. The spirit of GOOD SPORTSMANSHIP depends on conforming both to the letter and intent of the rule.

Exercise representative behavior at all times.

- A prerequisite to GOOD SPORTSMANSHIP requires one to understand his/her own prejudices that may become a factor in his/her behavior. The true value of interscholastic competition relies upon everyone exhibiting behavior that is representative of a sound value base. A proper perspective must be maintained if the educational values are to be realized. An individual's behavior influences others whether or not that person is aware of it.

Recognize and appreciate skilled performances regardless of affiliation.

- Applause for an opponent's good performance displays generosity. It is a courtesy that should be regularly practiced. This not only represents GOOD SPORTSMANSHIP but also reflects a true awareness of the game by recognizing and acknowledging quality.

Exhibit respect for the officials.

- The officials of any contest are impartial arbitrators who are trained and who perform to the best of their ability. Players should not rationalize their own unsuccessful performances by placing responsibility on



an official. The rule of GOOD SPORTSMANSHIP is accepting and abiding by the decision made.

Openly display a respect for the opponent at all times.

- Opponents are guests and should be treated cordially, provided with the best accommodations, and accorded tolerance at all times. Each person needs to be a positive representative for his/her team, school, and family. This is the Golden Rule in action.

Display pride in your actions at every opportunity.

- Each individual must never allow his/her ego to interfere with good judgment and his/her responsibility as a school representative. This value is paramount since it suggests that the person cares about him/herself and how others perceive him/her

NJSIAA Policies Regarding Sportsmanship

Article IX of the NJSIAA Constitution deals specifically with sportsmanship. The following are excerpts for the NJSIAA Constitution:

Section 1 – Statement of Administrative Responsibility:

- Member schools are expected to conduct their relations with each other at all levels of competition in a spirit of good sportsmanship in keeping with the objectives we have set for ourselves. Everyone involved has the obligation to clearly see his/her influence and act accordingly.

Section 3 - Association Responsibility

- It shall be the responsibility of every member school to insure that all individuals employed by or directly associated with the athletic program, including student-athletes and spectators comport themselves in a sportsmanlike manner when representing their school, especially at interscholastic events.
- Unsportsmanlike conduct shall subject the individual to disciplinary action. The member school with which the individual is associated may also be subject to disciplinary action if it is found that the member school's policies, actions, or failure to act, substantially contributed to the individual's conduct.
- Unsportsmanlike conduct shall include but not be limited to the following:
    A. Any person (athletic department, staff member, Student-Athlete or a fan or spectator associated with a member school) who strikes or physically abuses an official, opposing coach, player, or spectator.
    B. Any person (athletic department, staff member, Student-Athlete or a fan or spectator associated with a member school) who intentionally incites participants or spectators to violent or abusive action.
    C. Any person (athletic department, staff member, Student-Athlete or a fan or spectator associated with a member school) who uses obscene gestures or profane or unduly provocative language or action towards officials, opponents, or spectators.
    D. Any person (athletic department, staff member, Student Athlete, or a fan or spectator associated with a member school) who engages in harassing verbal or physical conduct related to race, gender, ethnicity, disability, sexual orientation or religion at an interscholastic event.



E. Any school or athletic staff member who is publicly critical of a game official, opponents and/or opposing coaches/players.
F. The administration of a member school will be responsible for the unsportsmanlike conduct of that school's fans or spectators.

ATHLETIC EVENTS CODE OF CONDUCT

- Moorestown spectators are expected and required to speak and act in a polite and courteous manner while supporting their team(s) at an athletic event.
- When Moorestown is the host school, the spectators, by their words and actions, are to make their visitors welcome and to help them feel comfortable and secure.
- When Moorestown students are the visitors, they are to speak and act in such a manner as to cause their hosts to be pleased to welcome them back.
- Spectators are advised that rude, crude, vulgar or immoral language or gestures will cause immediate expulsion from the athletic event.
- Taunting or name-calling to distract an opponent is prohibited
- Mean heckling of a belittling or humiliating nature is forbidden. Also, fighting, disorderly arguing or taunting of the opposition is not acceptable.
- During the games, spectators are to stay off the playing area.
- Respect the judgment and integrity of contest officials.
- No smoking or alcoholic beverages are permitted within the building or on school property as per NJ State Law.
- Electronic devices or other noisy instruments are not permitted in the gymnasium.
- Signs, posters, etc. of any nature are not to be displayed in the gymnasium.
- Athletes are expected to be positive role models through their own actions.
- Be modest in victory and gracious in defeat.
- Fans are encouraged to be loud, supportive, and positive towards all players, coaches, officials, and other spectators.

MTPS District Policy - 9161- CROWD CONTROL

The Board of Education believes in order to achieve its goals for interscholastic competition, that the student body and the general public attending an interscholastic event conduct themselves in such a manner as to make a positive contribution toward the educational objectives of this district.

The Board authorizes school officials to have expelled from any district event by the law enforcement officers on duty, any spectator who willfully violates the rules and regulations of the district or whose behavior jeopardizes the safe conduct of the event. Further, any spectator involved in continual violations of the rules and regulations shall be prohibited from attending further school events.

The promotion of sportsmanship is expected of all in attendance

Student-Athlete, Parent and Coach Communication Guidelines

Parent/Coach Relationship

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide a greater benefit to student-athletes. As parents, when your children become involved in our Athletic Program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach and your child's program.

COMMUNICATIONS PARENTS CAN EXPECT FROM OUR COACHES

- Philosophy of the Coach.
- Expectations our coaches have for your child as well as the squad.
- Location and time of all practices and contests.
- Team Requirements, i.e., special equipment, summer/off-season workouts, fundraisers.
- Procedures should your child be injured during participation.
- Disciplinary procedures that results in the denial of your child's participation.

COMMUNICATION OUR COACHES CAN EXPECT FROM OUR PARENTS

- Concerns expressed directly to the coach.
- Notification of any schedule conflicts well in advance.
- Specific concern in regard to a coach's philosophy and/or expectations.

As your children become involved in the Quakers Athletic Program at Moorestown High School, they experience some of the most rewarding moments in their lives. It is important to understand that there also may be times when things do not go the way you or your child wish. At these times, discussion with the coach is encouraged.

APPROPRIATE MATTERS TO DISCUSS WITH COACHES

- The treatment of your child mentally and physically.
- Notification of any schedule conflicts well in advance.
- Specific concern in regard to a coach's philosophy and/or expectations.

As your children become involved in the programs at their high school, they will experience some of the most rewarding moments of their lives. It is important to understand that there may also be times when things do not go the way your child wishes. At these times an appointment should be arranged with the coach. The Athletic Director should be notified, if the problem continues.

ISSUES NOT APPROPRIATE TO DISCUSS WITH OUR COACHES

- Playing Time
- Team Strategy



- Play Calling
- Another Student-Athlete

It is very difficult to accept your accept your child is not playing as much as you hope. Coaches are professionals. They make judgment decisions based on what they believe to be best for all students involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things must be left to the discretion of the coach.

24-HOUR RULE

Please do not confront a coach before or after a contest or practice. Meetings of the nature usually do not promote resolution and can be very embarrassing for all parties. A 24-hour period before and/or after a contest is requested unless the immediate safety of the student-athlete is in question.

STEPS TO REQUEST A MEETING

There are situations that deem a conference between the coach and parent. It is important that both parties have a clear understanding of the other's position. The following procedures should be followed to help promote a resolution to the issue of concern. The following order of communication allows for the best interest of the athlete in mind and affords all parties involved a fair voice in the lines of communication.

1. A first-hand message can be left for any coach who teaches at the school.
2. Go to the district website and email the coach.
3. If the coach does not work at the school, call the athletic office, 856-778-6610, extension 12150 and leave a message for the coach to contact you.
4. Please do not confront a coach before or after a contest or practice. At these times, emotions run high and resolution is not promoted.

The Moorestown Township Public Schools follow the chain of command listed below. We ask that you observe it if you elect to pursue any concern you may have regarding a specific athletic program. The athletic department is able to assist parents in scheduling an appropriate appointment with a coach.

1. Assistant Coach, if applicable -
2. Head Coach
3. Director of Athletics
4. Principal
5. Superintendent

WHAT STEPS CAN A PARENT TAKE IF THE MEETING WITH THE COACH DID NOT PROVIDE A SATISFACTORY RESOLUTION?

Call the athletic office and make an appointment to discuss the situation with the Director of Athletics. At this meeting, further appropriate steps can be determined.

****Please note that oftentimes, the Director of Athletics will not meet with a parent if a situation has not been discussed at length with the appropriate coaching staff.****

Burlington County Scholastic League <u>Parents Code of Conduct</u>
PARENTS play a vital role in the development of our Student Athletes; therefore…

1. Be a positive role model through actions at all contests.
2. Support the team as a whole.
3. Weigh what your children say and keep in mind that there are two sides to every story.
4. Show respect to everyone involved.
5. Be respectful to all officiating decisions.
6. Please do not instruct players during contests; it may conflict with coach's plans and strategies.
7. Praise student-athletes in their attempts to improve themselves.
8. Recognize and show appreciation for outstanding play for both teams.
9. Gain an understanding and appreciation of the rules of the contest.
10. Talk to coaches in an appropriate manner including time and place.
11. Be sure to follow designated chain of command.
12. Reinforce our training rules.
13. Help our student-athletes learn that success is measured by the development of skills, not necessarily wins and loses.
14. Remember, it is a privilege to attend high school athletic contests

Accidents/Injury

There is a certain amount of risk in all athletics. We will always have unavoidable injuries in sports. We should be careful to eliminate all unavoidable injuries, especially those due to lack of supervision.

1. Coaches may never leave athletes unsupervised during practices or games
2. No equipment should be on the field unless a paid coach is present.
3. No horseplay.

A student has
All injuries, whether they occurred during practice, at a home game, or away game, must be reported to the athletic trainer within twenty-four hours.

Return to Practice/Competition

- The determination if athletes can return to practice or an athlete's contest (at the time of injury) will be made in the following order: (school) physician, athletic trainer. The determination if an athlete can return to play will be made by the coach in the event the (school) physician and /or athletic trainer are unavailable.
- Once the athlete has been seen by a physician, the trainer will stop all treatment and evaluation unless written permission is given by the treating physician or administer rehabilitation.

1. In order for the athlete to return to practice, he/she must be cleared by the treating physician (written notice must be produced).

- Once the athlete is cleared by the attending physician he/she must pass functional tests supervised by the athletic trainer. The athletic trainer at discretion can then limit activity and determine the best course of action for safe return to play, this includes but not limited to determining the length, types of activity, and intensity of practice or game time participation.
- Once cleared to play the athletes should be monitored by the athletic trainer and the coach for signs of regression. The coach must notify the athletic trainer in the event the existing injury becomes abnormally limiting, painful, and prevents athletic performance reasonable to expect given the nature and/or newness of the injury.

Insurance

- Parent Insurance covers all athletic injuries.
- The board may cover each participant in an extracurricular activity with insurance coverage in consultation with the current insurance carrier. (BOE Policy #6145.1/6145.2)
- Parent's/guardian's shall be strongly encouraged to participate in the supplemental pupil accident insurance program offered by the board. (BOE Policy #6145.1/6145/2)

Injury/Insurance Reports

- The trainer will fill out any necessary information and insurance forms at the time of the injury or when seeing the athlete after having been treated for the injury.

Hazing/HIB (MTPS BOE Policy 5512)

5512- HARASSMENT, INTIMIDATION, AND BULLYING (M)

Moorestown Township Public Schools has a zero-tolerance hazing policy. The MTPS defines hazing as the performance of any act or the coercion of another to perform any act of initiation into any class, team or organization that causes or creates a substantial risk of causing mental or physical harm. Permission, consent, or assumption of risk by an individual subjected to hazing shall not lessen the prohibitions contained in this policy. (Board of Education Policy 5512).

According to the National Federation of State High School Associations, the **three** types of hazing are social, psychological, and physical. Some of the most common hazing methods are deprivation, humiliation, psychological degradation, calisthenics, alcohol consumption, binge drinking, physical abuse, unlawful restraint, confinement, and exposure.

The entire Athletic Department, including the coaches, players, parents, and administration, need to take an active role in discussing the definition, examples, and adverse effects of hazing with our student-athletes. It is everybody's responsibility to teach our student-athletes and children that no one has the right to embarrass, inflict pain, or humiliate them. We must also instill a culture where our student-athletes and children know they do not have the right to do those others too.



Parents, continue to talk to your children about appropriate and positive team building activities that can help bring a team together and make the newcomers feel welcome and part of the program.

The following information was taken from the article "*What is Hazing?" by Caudill (CMS) Kathy

"The view that hazing is a harmless rite of passage, designed to help develop comradery and respect among teammates or other peer groups, is unfounded. The reality is that hazing rituals are frequently dangerous, can often harm relationships among team or group members or even be life threatening.

Hazing has negative effects on both victims and participants and these effects create feelings of apathy, mistrust or isolation rather than of bonding and respect. Hazing can destroy self-esteem, self-confidence, group unity/cohesion, friendships and more. It can create stress and may induce or aggravate psychological illnesses including depression, post-traumatic stress disorder, or anxiety.

If you think hazing has anything to do with bonding or friendship, you're caught up in the myths about hazing. At its best, hazing builds resentment between new members and initiates.

***Myth:** They (newcomers) want to be hazed.*
***Reality:** No one wants to be abused, humiliated or embarrassed.*

***Myth:** We only haze a little bit. It's really not that bad.*
***Reality:** That's like saying, "I only steal a little bit. I'm not really a thief."*

***Myth**: If we eliminate hazing, our members will be just like anybody else.*
***Reality:** A truly well organized, positive program results in initiates who are eager to work for and help the group, and who can better serve as leaders.*

***Myth:** If new members don't respect our principles or us, we haze them until they improve.*
***Reality:** Hazing a new member makes the situation worse. Just like other forms of victimization, hazing breeds mistrust, apathy and alienation, not respect.*

***Myth:** Hazing activities are the only methods we have of controlling the new members.*
***Reality:** There are positive and negative ways to bring people into the fold. "You catch more flies with honey than with vinegar." Accountability should be the same for new members and ongoing members.*

***Myth:** I went through it, so now the new members have to go through it.*
***Reality:** It only takes one group of "veterans" to break this so-called tradition. The people who founded your group were not hazed. Why treat today's new members differently?"*

Sexual Harassment (MTPS BOE Policy 5751)

5751- SEXUAL HARASSMENT (M)

Student Athlete Discipline

Participating in athletic sports and all school activities at Moorestown High School is a privilege which carries with it certain responsibilities. A student is a representative of the school and the entire community. There are certain basic standards expected of the participants in sports and activities programs at Moorestown High School.

- All students who represent Moorestown High School in an activity or team are expected to conduct themselves in such a manner as to reflect credit upon Moorestown Township.
- All students must remember they are students of the school first and participants second. Participation in athletics and activities is a privilege granted to a student, not a right guaranteed to them.
- Being a member of an activity or team does not entitle any student to any special privileges in the school. Rather, it may carry a burden of being a good citizen in the face of peer pressure to become involved in some action which might violate school rules. Our athletes and participants are expected to set examples of good citizenship and cooperation which will reflect upon them as individuals and upon all our athletes and participants in general.
- Students afforded these privileges must assume the responsibilities which accompany them at all times.

Disqualification from Competition

- In the event that a student-athlete is disqualified by an official from an athletic contest, he/she will be suspended from play for two games (one game for football). He/She is not permitted on the premises (home or away) if on suspension.
- Any player/coach disqualified a second time in single or multiple sports will have the penalty doubled (i.e., in football - disqualified for (2) games: all other sports -- four (4) games). Disqualifications will count for 365 days from the date of the first disqualification.
- On the third offense; players disqualified will be suspended indefinitely. Disqualifications will count for 365 days from the date of the first disqualification.
- Should a coach/player be disqualified from the final game/meet of the season, said disqualification will carry over to the next year in that sport.
- The determination to disqualify by an official cannot be appealed. It is fruitless to call the coach, Principal, or Athletic Director to complain. All disqualifications are filed at the NJSIAA office in Robbinsville and will not be reviewed.
- The penalty for subsequent disqualification in the same sport in the same season becomes more severe. Three disqualifications for flagrant unsportsmanlike conduct in a season by team member(s) or coach will automatically eliminate the team from postseason play.
- Seniors who are disqualified from their last game or next to last game will serve the penalty in a subsequent sports season according to the penalty provision of that subsequent sport. When seniors are

disqualified from their last game of their high school careers, and are unable to fulfill the penalty, member schools are required to take proper administrative action to discipline the offending student Seniors who quit a sport and have not fulfilled their penalty in that sport, must serve it in the new sport before beginning playing in the new sport.

- In soccer, the BCSL has initiated a policy stating that after a player receives 4 yellow cards during the season, he/she is ineligible to participate in the next game. All subsequent yellow cards result in a game suspension. State, league and district rules for sportsmanship and return-to-play must be followed.
- Any athlete disqualified must complete a student-athlete summary questionnaire issued by the athletic department and meet with the Director of Athletics before returning to competition.

Attendance at Practice

- All athletes are expected to attend all practices and games. Families are reminded that most teams have practices and games scheduled during school holidays and on Saturdays during the school year. It is the responsibility of all athletes to attend these events.
- Students traveling with families on vacation will not be dismissed from the team. However, vacations are not considered excused absences. These situations should be discussed with the individual coach in advance.
    - Sports season will begin and end in accordance with the regulations of the NJSIAA. The starting dates of the athletic seasons are:
        - FAll Sports Start Dates 2022-2025
        - WINTER Sports Start Dates 2022-2025
        - SPRING Sports Start Dates 2022-2025
- No mandatory practices are scheduled for religious holidays.
- Practice sessions are important to the success of all our teams. Each athlete has an obligation to his/her teammates, his/her school, and coach and to himself/herself to be at every practice. Athletes who are absent for unexcused reasons will be disciplined in accordance with the programs attendance policy and chronic unexcused absenteeism may lead to dismissal from the team.
- If the absence from the school as been approved by the building principal or designee, the student may be declared eligible to participate in the practice or game.
- Each team is directed to create an unexcused attendance policy and share it with the players and parents at the start of the season.

Discipline/Suspension Procedure

- Coaches are responsible for team discipline. Coaches must inform team members of all team rules prior to the start of their season. Athletes cannot be expected to conform to team rules they do not know about. Team Rules handouts are of value and should be posted.
- Standard disciplinary procedures available to a coach include:
    1. Benching a player for a contest
    2. Not dressing a player for a contest
    3. Demotion of player's status on squad
    4. Suspension from the squad



- Coaches will involve the entire coaching staff of a particular sport in disciplinary action, rather than have one coach arbitrarily dictate discipline "in the heat of a tense moment". It is, however, the head coach's responsibility to make the final determination. Assistant coaches should confer with the head coach whenever possible before taking any disciplinary action. The Athletic Director needs to be informed of any discipline action.
- Students must be given due process and parents contacted by head coach
- All meetings and phone calls should be copied to the Athletic Director.
- Any major violation such as smoking, drinking, drugs, theft or destruction of property will be dealt with by the Coach, A.D. and Principal.
- A student-athlete may not participate on a high school athletic team if that athlete has been suspended or dismissed from another athletic team during the same season.

School Suspension Regulations

Student-athletes represent the total school community. There is a corresponding responsibility to reflect the best possible image for the privilege of such representation. Personal conduct, classroom behavior, as well as general conduct at all activities, in the arena of athletes and at social functions, should always exemplify the highest standard of deportment and citizenship. To that end, the Board of Education has adopted a Code of Conduct that each student-athletes must agree to sign and abide to be eligible for interscholastic athletics at Moorestown High School.

- A student who receives an in-school or out-of-school suspension is not eligible to attend or participate in any after school activity and/or event on the day of that suspension. The student is eligible to participate at the conclusion of the suspension after they have been properly reinstated to the school program by an administrator.
- If a student misses his/her in-school suspension for a reason that is not identified as "excused" within our Attendance Policy, then that student is not permitted to attend or participate in any after school activity and/or event until that in-school suspension is served.
- Students who accumulate too many suspensions are not eligible to attend or participate in any after school activity and/or event for a minimum of 45 school days. "Too many suspensions" is measured by a points system. When a student accumulates 3 points, he/she becomes ineligible. One day of in-school suspension equals 1⁄2 a point. One day of out-of-school suspension equals 1 point. A Reinstatement of Privileges Committee will review the record of any student who has become ineligible at his or her request. Requests for a reinstatement of school activity privileges will only be considered after 45 school days of discipline free behavior have been exhibited by the student in question. Requests for reinstatement of privileges must be submitted in writing to the Principal. A meeting with the appealing student and his/her parents will be scheduled within one week of receipt of the request for appeal. If the Committee should grant a reinstatement of privileges, the High School reserves the right to withdraw those privileges for any future misbehavior on the student's part.
- A coach may enforce additional penalties for the violation of team rules that have been preapproved by the Director of Athletics and presented to the team members before the outset of their respective season.

Expulsion from Team



- A coach, in coordination with the Athletic Director, has the right and responsibility to suspend team members for disciplinary reasons when the case merits strong action. Expulsion from a team is severe punishment. While expulsion may be appropriate in some cases, expulsion should not become final until the case involved has been discussed and finalized jointly by the coach involved, the head coach of the sport involved, and the Athletic Director.

Steroid and Performance Enhancers

- The Moorestown Township Public Schools District feels just as strongly about steroids and other performance enhancing drugs as it does with any other illegal substances. All head and assistant coaches are to be vigilant for any sign that any use of this type might be occurring among our athletes. It behooves all coaches to become educated in their use through reading, seminars, and discussions with knowledgeable sources. Any suspected drug usage should immediately be dealt with by bringing it to the attention of the director of athletics and appropriate school administration.

NJSIAA'S STEROID TESTING POLICY

In accordance with Executive Order 72, issued by the Governor of the State of New Jersey, Richard J. Codey, on December 20, 2005, the NJSIAA will test a random selection of student athletes, who have qualified, as individuals or as members of a team, for state championship competition.

1. **General prohibition against performance enhancing drugs:**
    a. It shall be considered a violation of the NJSIAA's Sportsmanship Rule for any student-athlete to possess, ingest, or otherwise use any substance on the list of banned substances, without written prescription by a fully licensed physician, as recognized by the American Medical Association, to treat a medical condition.
    b. Violations found as a result of NJSIAA's testing shall be penalized in accordance with this policy.
    c. Violations found as a result of member school testing shall be penalized in accordance with the school's policy.
    d. The NJSIAA policy shall consist of this general prohibition, the NJSIAA Steroid Testing Procedures, The NJSIAA Steroid Testing Protocol and the NJSIAA Banned Drug Classes.
2. **List of banned substances:**
    a. A list of banned substances shall be prepared annually by the Medical Advisory Committee, and approved by the Executive Committee. (See list)
    b. LIST OF BANNED NJSIAA BANNED SUBSTANCES
3. **Consent form:**
    a. Before participating in interscholastic sports, the student-athlete and the student-athlete's parent or guardian shall consent, in writing, to random testing in accordance with this policy. Failure to sign the consent form renders the student-athlete ineligible.
4. **Selection of athletes to be tested:**
    a. Tested athletes will be selected randomly from all of those athletes participating in championship competition. Testing may occur at any state championship site or at the school whose athletes have

qualified for championship competition.

5. **Administration of tests:**
    a. Tests shall be administered by a certified laboratory, selected by the Executive Director and approved by the Executive Committee.
6. **Testing methodology:**
    a. The methodology for taking and handling samples shall be in accordance with current legal standards.
7. **Sufficiency of results:**
    a. No test shall be considered a positive result unless the approved laboratory reports a positive result, and the NJSIAA's medical review officer confirms that there was no medical reason for the positive result. A "B" sample shall be available in the event of an appeal.
8. **Appeal process:**
    a. If the certified laboratory reports that a student-athlete's sample has tested positive, and the medical review officer confirms that there is no medical reason for a positive result, a penalty shall be imposed unless the student-athlete proves, by a preponderance of the evidence, that he or she bears no fault or negligence for the violation. Appeals shall be heard by a NJSIAA committee consisting of two members of the Executive Committee, the Executive Director/designee, a trainer and a physician. Appeal of a decision of the Committee shall be to the Commissioner of Education, for public school athletes, and to the superior court, for nonpublic athletes. Hearings shall be held in accordance with NJSIAA Bylaws, Article XIII, and "Hearing Procedure."
9. **Penalties**
    a. Any person who tests positively in an NJSIAA administered test, or any person who refuses to provide a testing sample, or any person who reports his or her own violation, shall immediately forfeit his or her eligibility to participate in NJSIAA competition for a period of one year from the date of the test. Any such person shall also forfeit any individual honor earned while in violation. No person who tests positive, refuses to provide a test sample, or who reports his or her own violation shall resume eligibility until he or she has undergone counseling and produced a negative test result.
10. **Confidentiality:**
    a. Results of all tests shall be considered confidential and shall only be disclosed to the individual, his or her parents and his or her school.
11. **Compilation of results:**
    a. The Executive Committee shall annually compile and report the results of the testing program.
12. **Yearly renewal of the steroid policy:**
    a. The Executive Committee shall annually determine whether this policy shall be renewed or discontinued.

NJSIAA Student Transfer (Note: See Athletic Director for specific details)

Policy

1. Transfers – After his/her initial enrollment in a secondary school, as provided for in Article V, Section 4.G (2) of the Bylaws, a student-athlete is subject to the following transfer rules:

a. A student-athlete who transfers from one secondary school to another because of a bona fide change of residence by his/her parents or guardians, or through assignment by the Board of Education, becomes eligible to represent his/her new school immediately upon entrance unless recruitment or transfer for athletic advantage is alleged and provided all other eligibility regulations are satisfied.

   Both the former and new school must complete a transfer form affirmatively stating that the transfer is a bona fide change of residence and that there was no athletic recruitment or a transfer for athletic advantage.

   A bona fide change of residence takes place when:

   - The parent/guardian moves with the student from one public high school district to another public high school district;
   - The parent/guardian completes an affidavit or certification with proof of the new residence;
   - The change of residence must have occurred on or before the following dates: August 1 to be immediately eligible to participate during the Fall sports season; November 1, to be immediately eligible to participate in the Winter sports season; and March 1, to be immediately eligible to participate in the Spring sports season; and
   - The new residence may not be associated with, leased, or provided by anyone associated with the school or acting at the direction of the school, including but not limited to administration, staff, coaches, students, parents, booster clubs, or any organization having a connection with the school.

     The term "guardian" refers to that person who has control over the person and property of a child as established by the order of a court of competent jurisdiction. A student who becomes emancipated shall be deemed not to have made a bona fide change of residence.

2. Transfers:
   a. A student-athlete transferring from one secondary school to another, without a bona fide change of residence by that student's parent or guardian, shall be ineligible to participate for a period of thirty (30) calendar days or one half of the maximum number of games allowed in the sport by NJSIAA rules (the ineligibility period) from the beginning of the regular schedule, whichever is less, in any sport in which the student has previously participated at the varsity level.
   b. To prevent possible recruitment or transfer for athletic advantage, a Transfer Form must be executed by the two involved schools and filed with the NJSIAA before any interscholastic participation.
   c. A student who transfers after the NJSIAA Competition Start Date for each sport, regardless of whether the transfer was the result of a bona fide change of residence, shall be ineligible to participate in any post-season championship competition at the new school. For football, the Week 1 Competition Start Date will be used.
   d. Any student who is subject to the 30-day period of ineligibility set forth in subsection (2)(a) may



nevertheless participate in interscholastic scrimmages and practices.

College Planning

Key Links
NCAA Guide for the College-Bound Student-Athlete
NCAA Division I and II Academic Requirements
List of NCAA Approved Core Courses for MHS
CoreCourseGPA.com

The World of College Athletics
The world of college athletics is competitive as any activity in the United States. Every year players are bigger, stronger and **smarter**.

What you do now in high school will determine in large measure what you will do in college, both on the court or the playing field and in the classroom. The success you realize in both areas will be the direct result of how hard you are willing to work now.

College athletics require an enormous amount of time, dedication and commitment. Now is the time to develop the right habits.

College Planning
College planning for student-athletes is no different than for any other student. Student-athletes are encouraged to begin college planning as early as possible during high School. colleges and universities consider scholastic record, class rank, standardized test scores, recommendations and extracurricular participation in the admission process. Early planning is essential to maximize one's position for acceptance to college.

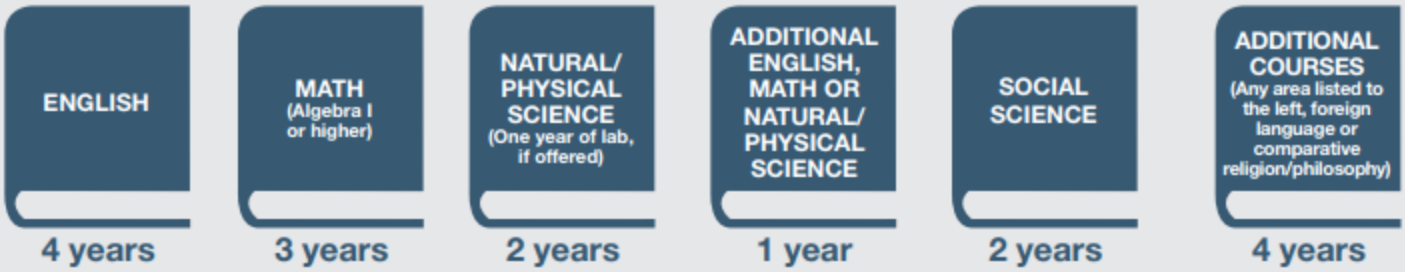
A strong four-year academic program is recommended for the majority of colleges. Highly competitive colleges have special admissions requirements. This information is available from the Moorestown High School Student Counseling Department. As a general guideline, families should start actively looking for specific colleges in their student's junior year. Our Student Counseling Department provides information regarding the timetable for taking standardized tests related to college admission.

DIVISION I ACADEMIC REQUIREMENTS

College-bound student-athletes will need to meet the following academic requirements to practice, receive athletic scholarships, and/or compete during their first year.

Core-Course Requirement

Complete 16 core courses in the following areas:



2018 DIVISION II NEW ACADEMIC REQUIREMENTS

College-bound student-athletes first enrolling at an NCAA Division II school on or after August 1, 2018, need to meet new academic rules to practice, compete and receive athletics scholarships during their first year.

Core-Course Requirement

Complete 16 core courses in the following areas:



What are Core Courses?

NCAA schools require college-bound student-athletes to build a foundation of high school courses to prepare them for the academic expectations in college. For a high school class to be an NCAA-approved core course, it MUST meet these conditions:

1. Be an academic, four-year college preparatory course in one of these subject areas: • English. • Math (Algebra I or higher). • Natural/physical science. • Social science. • Foreign language. • Comparative religion or philosophy.
2. Be taught at or above your high school's regular academic level.
3. Receive credit toward high school graduation and appear on an official transcript with course title, grade, and credit awarded.

What Is Not a Core Course

Not all high school classes are NCAA-approved core courses. Some examples of courses that are not NCAA approved core courses include:

- Courses in non-core areas, fine arts or vocations such as driver education, typing, art, music, physical education or welding.
- Courses that prepare students for the world of work or life, or for a two-year college or technical school, such as personal finance, consumer education or tech prep.
- Courses taught below grade level, at a slower pace or with less rigor or depth, such as basic, essential, fundamental or foundational courses.
- Courses which are not academic in nature such as film appreciation, video editing or greenhouse management.
- Credit-by-exam courses are not considered NCAA approved core courses.

Any student-athlete who desires to pay at the NCAA Division I or II levels should access www.corecoursegpa.com via the athletic webpage. On this free site you can build your own academic profile to track your eligibility for NCAA scholarships. Please see your guidance counselor or the Director of Athletics for further information.

NCAA Initial Eligibility (obtained from the "NCAA Guide for College-Bound Student-Athletes")

Initial-eligibility standards help ensure you are prepared to succeed in the first year of college. The eligibility process also protects the fairness and integrity of college sports by ensuring student-athletes are amateurs. If you want to practice, compete and receive an athletics scholarship during your first year at a Division I or II school, the NCAA Eligibility Center must certify you as eligible. Throughout the process, NCAA Eligibility Center staff members partner with students and their families, as well as high school administrators and coaches.

As a college-bound student-athlete, you are responsible for your eligibility – that means planning ahead, taking high school classes seriously and protecting your amateur status. It can be a difficult first step, but the benefits of being a student-athlete are worth the effort.

Grade 9

	Start planning now: take the right courses and earn the best grades possible
	Ask your counselor for a list of your high school's NCAA-approved core courses to make sure you take the right classes. Find your high school's list of NCAA-approved courses at NCAA.org/courselist

Grade 10	
	Register with the NCAA Eligibility Center at eligibilitycenter.org
	If you fall behind, ask your counselor for help with finding approved courses you can take.

Grade 11	
	Check with your counselor to make sure you are on track to complete the required number of NCAA-approved courses.
	Take the ACT or SAT and submit your scores to the NCAA Eligibility Center using code 9999.
	At the end of the year, ask your counselor to send or upload your official transcript to the NCAA Eligibility Center. If you took classes at more than one high school or program, submit an official transcript for each school.
	Make sure you are on track to graduate on time with your class.

Grade 12	
	Complete your final NCAA core courses as you prepare for graduation
	Take the ACT or SAT again, if necessary, and submit your scores to the NCAA Eligibility Center using code 9999.
	Request your final amateurism certification beginning April 1 (fall enrollees) or Oct. 1 (spring enrollees) in your NCAA Eligibility Center account at eligibilitycenter.org.
	After you graduate, ask your counselor to send or upload your final official transcript with proof of graduation to the NCAA Eligibility Center.
	Only students on an NCAA Division I or II school's certification request list will receive a certification.