June 2019
8th Grade Parent Night
Introduction to Moorestown High School Athletics
Moorestown High School Athletics

Shawn Counard, M.Ed.
Director of Athletics
856-778-6610 ext. 12150
scounard@mtps.us

Lori Martinez
Athletic Administrative Assistant

- National Federation of High Schools (NFHS)
- New Jersey Interscholastic Athletic Association (NJSIAA)
- Burlington County Scholastic League (BCSL)
- South Jersey Interscholastic Swim League (SJISL)
- Olympic Conference -- Girls Golf
- West Jersey Football League (WJFL)
The Moorestown Athletic Programs seek to pursue excellence through hard work, encourages attitudes of integrity and fairness, respect for others, teamwork, and dedication to academic, athletic, and developmental goals.
Why play sports?

- **Social Aspect**
  - Friends
- **Participatory Aspect**
  - Part of a team / Big Picture (Identity with the school)
- **Competitive Aspects**
  - Inter-scholastic / Championships / Win / Scholarships
- **Life long lessons are learned:**
  - How to set & achieve goals.
  - How to handle success & failure.
  - Adapting to different leadership styles.
  - Personality blending.
  - Work ethic.
  - Sacrifice (giving something up).
  - Discipline. (on time, execution, etc.)
Registration

"NEW THIS YEAR, we are registering for sports in the Genesis Parent Portal under Student Data > Forms. In the Forms Library, please click on the link that says Fall 2019 Sports Registration.

Register for Fall 2019 Sports

Instructions for Online Registration

New Genesis Registration Process

**Electronic Signature**

- Health History Update
- Head Injury Concussion Education
- Cognitive Testing & Return to Play
- Cardiac Education
- NJSIAA Consent to Random Drug & Steroid Testing Policy and List of Banned Substances, Advised Consent Form
- Asthma Awareness Questionnaire
- Sports-Related Eye Injuries
- Opioid Use and Misuse Education Face Sheet

**Hard Copy**

- Physical Paperwork
Physical Paperwork -- All 4 pages

- Found on Athletic Website
- Must be less than 365 days old from the 1st day of practice.
- BEST MONTH FOR PHYSICALS
  - MARCH!!!
- Free Physicals Offered at MHS and WAMS
  - 7/17/19 - High School, 1pm
  - 7/31/19 - Middle School, 8am
Today Tuesday, June 4, 2019
TIME 2:00pm-5:30pm
4:00pm-8:00pm
5:30pm-8:00pm

Wednesday, June 5, 2019
TIME 4:00pm-8:00pm
5:00pm

Thursday, June 6, 2019
TIME

EVENT Lacrosse Girls Practice
South Jersey Select Lacrosse
BCSCL All-Star Match
South Jersey Select Lacrosse
BCSCL All-Star Match

DETAILS Field 10
Field 5
MAC Gym
Field 5

Athletic Schedules
- mhs.mtps.com/athletics
- @MHSQuakers

Moorestown

SIGN UP FOR NOTIFY ME
GET THE rSCHOOL APP
Attendance

- Attendance is mandatory for practices and games.
- Most teams schedule practices and games during school holidays and on Saturdays.
- Must attend school for 4 academic hours (2 for ½ days) to be eligible to practice or play unless excused lateness.
- Family vacations are not excused absences and the coach should be given plenty of notice prior to the vacation.
- 6 practices before eligible to scrimmage (NJSIAA).
- Must participate in Physical Education to be eligible to practice or play.
- If a student is suspended in-school or out-of-school they cannot attend practice or game until the next day they attend school.
- Check with Coaches about specific attendance policies for programs.
12th Period Study Hall

- Student-Athletes are required to report to the cafeteria for a 12th period study hall or meet with a teacher for extra help.
- A coach will sign them out at the end of 12th period for practice.
Start of Seasons

- Sports season being and end in accordance with the regulations of the NJSIAA
  - Fall - late August (8/12 for 2019)
  - Winter - Swimming, Bowling =11/15 and all others the week of Thanksgiving
  - Spring - 1st Friday in March
- Athletes must wait until one season has completely finished before starting the next season.
- 4 practices before any squad reductions
  - Coach shall determine if there is a need to reduce players and clear the process with the AD.
High School Eligibility

✓ **Amateur Status** -- can’t have been paid, signed a professional contract, or accepted items for playing with a value over $250.

✓ **Online Registration**

✓ **Valid Physical**

✓ **Age** -- Can’t be 19 prior to 9/1 of any year.
  ○ Ineligible for freshman sports, if 16 prior to 9/1

✓ **Semesters** -- 8 consecutive semesters once student enters 9th grade

✓ **Academic Eligibility for Fall and Winter**
  ○ All incoming Freshman are eligible for their Freshman Fall and Winter Sports
  ○ All incoming 10th, 11th, and 12th grades must have passed 30 credits the previous year or made up the credits in summer school.

✓ **Academic Eligibility for Spring Sports**
  ○ All students must have passed 15 credits during the 1st semester to be eligible
  ○ **Seniors** who are carrying less than 15 credits the 1st semester b/c they are on pace to graduate are eligible provided they passed or withdraw passing from all of their 1st semester classes.
COMMUNICATIONS PARENTS CAN EXPECT FROM OUR COACHES

- Philosophy of the Coach.
- Expectations our coaches have for your child as well as the squad.
- Location and time of all practices and contests.
- Team Requirements, i.e., special equipment, summer/off-season workouts, fundraisers.
- Procedures should your child be injured during participation.
- Disciplinary procedures that may result in the denial of your child’s participation.

COMMUNICATION OUR COACHES CAN EXPECT FROM OUR PARENTS

- Concerns expressed directly to the coach.
- Notification of any schedule conflicts well in advance.
- Specific concern in regard to a coach’s philosophy and/or expectations.

APPROPRIATE MATTERS TO DISCUSS WITH COACHES

- The treatment of your child mentally and physically.
- Notification of any schedule conflicts well in advance.
- Specific concern in regard to a coach’s philosophy and/or expectations.
Communication Con’t

**ISSUES NOT APPROPRIATE TO DISCUSS WITH OUR COACHES**
- Playing Time
- Team Strategy
- Play Calling
- Another Student-Athlete
- Speaking for “other” adults

**24-HOUR RULE**
Please do not confront a coach before or after a contest or practice. Meetings of the nature usually do not promote resolution and can be very embarrassing for all parties. A 24-hour period before and/or after a contest is requested unless the immediate safety of the student-athlete is in question.
Steps to Requesting a Meeting

1. The athlete will voice his/her concerns to the coaching staff in a private meeting. The athlete will schedule the meeting via email or in person.
2. If needed: The parent(s) will contact the coach via email or phone to express their concern/question or to request a meeting.
3. If needed: The parent(s) and player will meet with the coaching staff in a scheduled meeting to resolve the question/concern.
4. If needed: The parent(s) will contact the Athletic Director, Shawn Counard, via email (scounard@mtps.us) or phone (856-778-6610 ext. 12150) to schedule a meeting. The parent(s), player, coaching staff, and Athletic Director will meet to resolve the question/concern.
Student Athlete Keys to Success

● Students need good time management skills
● Parents & students need to communicate with each other.
● Please communicate with the coaching staff about issues.
● Understand the expectations increase each year your child progresses in a sport.
Interscholastic Participation

- Interscholastic programs support participation but are ultimately geared towards *providing athletes the opportunity* to reach their potential competing with and against like minded athletes.

- “The pyramid of effect” in terms of varsity participation.

- This may entail moving players up a level (often times over an older player). We do not discriminate on age, but rewards on ability.
Athletes are responsible for replacing any equipment or uniforms not turned in at the end of the season. Athletes will not be allowed to try out for the next sport season until the equipment is turned in or paid for.
Parent Code of Conduct  -- Be Positive for Moorestown!

PARENTS play a vital role in the development of our Student Athletes; therefore…

1. Be a positive role model through actions at all contests.
2. Support the team as a whole.
3. Weigh what your children say and keep in mind that there are two sides to every story.
4. Show respect to everyone involved.
5. Be respectful to all officiating decisions.
6. Please do not instruct players during contests; it may conflict with coach’s plans and strategies.
7. Praise student-athletes in their attempts to improve themselves.
8. Recognize and show appreciation for outstanding play for both teams.
9. Gain an understanding and appreciation of the rules of the contest.
10. Talk to coaches in an appropriate manner including time and place.
11. Be sure to follow designated chain of command.
12. Reinforce our training rules.
13. Help our student-athletes learn that success is measured by the development of skills, not necessarily wins and loses.
14. Remember, it is a privilege to attend high school athletic contests.
# NCAA Eligibility Division I

## DIVISION I ACADEMIC REQUIREMENTS

College-bound student-athletes will need to meet the following academic requirements to practice, receive athletics scholarships, and/or compete during their first year.

### Core-Course Requirement

Complete 16 core courses in the following areas:

<table>
<thead>
<tr>
<th>Subject</th>
<th>Courses Required</th>
<th>Credits Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGLISH</td>
<td>4 years</td>
<td>4 credits</td>
</tr>
<tr>
<td>MATH (Algebra I or higher)</td>
<td>3 years</td>
<td>3 credits</td>
</tr>
<tr>
<td>NATURAL/PHYSICAL SCIENCE (Including one year of lab, if offered)</td>
<td>2 years</td>
<td>2 credits</td>
</tr>
<tr>
<td>ADDITIONAL (Arts, math, or natural/cognitive science)</td>
<td>1 year</td>
<td>1 credit</td>
</tr>
<tr>
<td>SOCIAL SCIENCE</td>
<td>2 years</td>
<td>2 credits</td>
</tr>
<tr>
<td>ADDITIONAL (Assumed to be in English language or comparative religion/philosophy)</td>
<td>4 years</td>
<td>4 credits</td>
</tr>
</tbody>
</table>

### Core GPA Full Qualifier Sliding Scale

<table>
<thead>
<tr>
<th>Core GPA</th>
<th>New SAT*</th>
<th>Old SAT (Prior to 3/2016)</th>
<th>ACT Sum</th>
</tr>
</thead>
<tbody>
<tr>
<td>3.355</td>
<td>1100</td>
<td>2100</td>
<td>97</td>
</tr>
<tr>
<td>3.325</td>
<td>1070</td>
<td>2070</td>
<td>95</td>
</tr>
<tr>
<td>3.300</td>
<td>1040</td>
<td>2040</td>
<td>93</td>
</tr>
<tr>
<td>3.275</td>
<td>1010</td>
<td>2010</td>
<td>91</td>
</tr>
<tr>
<td>3.250</td>
<td>980</td>
<td>1980</td>
<td>89</td>
</tr>
<tr>
<td>3.225</td>
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<td>87</td>
</tr>
<tr>
<td>3.200</td>
<td>920</td>
<td>1920</td>
<td>85</td>
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<tr>
<td>3.175</td>
<td>890</td>
<td>1890</td>
<td>83</td>
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<tr>
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<td>800</td>
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<td>3.075</td>
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<tr>
<td>3.050</td>
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<td>680</td>
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<td>2.975</td>
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<td>1650</td>
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<td>2.950</td>
<td>620</td>
<td>1620</td>
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<td>2.925</td>
<td>590</td>
<td>1590</td>
<td>63</td>
</tr>
<tr>
<td>2.900</td>
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<td>2.825</td>
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<td>2.800</td>
<td>440</td>
<td>1440</td>
<td>53</td>
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<td>2.775</td>
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<td>1350</td>
<td>47</td>
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<td>2.700</td>
<td>320</td>
<td>1320</td>
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<tr>
<td>2.675</td>
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<td>1290</td>
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</tr>
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<td>2.600</td>
<td>200</td>
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<tr>
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<td>140</td>
<td>1140</td>
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</tr>
<tr>
<td>2.525</td>
<td>110</td>
<td>1110</td>
<td>31</td>
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<tr>
<td>2.500</td>
<td>80</td>
<td>1080</td>
<td>29</td>
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<tr>
<td>2.475</td>
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<tr>
<td>2.425</td>
<td>0</td>
<td>1000</td>
<td>23</td>
</tr>
</tbody>
</table>

*SAT scores reflect the highest combined reading/writing and math scores. *The ACT sum is the highest composite score.
### NCAA Eligibility Division I

#### Full Qualifier
- Complete 16 core courses.
  - Ten of the 16 core courses must be completed before the seventh semester (senior year) of high school.
  - Seven of the 10 core courses must be in English, math or natural/physical science.
- Earn a core-course GPA of at least 2.300.
- Earn the ACT/SAT score matching your core-course GPA on the Division I sliding scale (see back page).
- Graduate high school.

#### Academic Redshirt
- Complete 16 core courses.
- Earn a core-course GPA of at least 2.000.
- Earn the ACT/SAT score matching your core-course GPA on the Division I sliding scale (see back page).
- Graduate high school.

#### Full Qualifier:
College-bound student-athletes may practice, compete and receive athletics scholarships during their first year of enrollment at an NCAA Division I school.

#### Academic Redshirt:
College-bound student-athletes may receive athletics scholarships during their first year of enrollment and may practice during their first regular academic term, but may NOT compete during their first year of enrollment.

#### Nonqualifier:
College-bound student-athletes cannot practice, receive athletics scholarships or compete during their first year of enrollment at an NCAA Division I school.
### NCAA Division II Eligibility

#### 2018 DIVISION II NEW ACADEMIC REQUIREMENTS

College-bound student-athletes first enrolling at an NCAA Division II school on or after Aug. 1, 2018, need to meet new academic rules to practice, compete and receive athletics scholarships during their first year.

**Core-Course Requirement**
Complete 16 core courses in the following areas:

<table>
<thead>
<tr>
<th>ENGLISH</th>
<th>MATH (Algebra I or Higher)</th>
<th>NATURAL/PHYSICAL SCIENCE (Science, Physical or Lab, if offered)</th>
<th>ADDITIONAL (English, math, or natural/physical science)</th>
<th>SOCIAL SCIENCE</th>
<th>ADDITIONAL COURSES (Any area listed in the left, foreign language or comparative religion/philosophy)</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 years</td>
<td>2 years</td>
<td>2 years</td>
<td>3 years</td>
<td>2 years</td>
<td>4 years</td>
</tr>
</tbody>
</table>

**NCAA Division II Eligibility**

**Full Qualifier Sliding Scale**

<table>
<thead>
<tr>
<th>Core GPA</th>
<th>New SAT</th>
<th>Old SAT</th>
<th>ACT Sum</th>
</tr>
</thead>
<tbody>
<tr>
<td>3.0 &amp; above</td>
<td>400</td>
<td>400</td>
<td>57</td>
</tr>
<tr>
<td>3.25</td>
<td>450</td>
<td>410</td>
<td>68</td>
</tr>
<tr>
<td>3.0</td>
<td>450</td>
<td>430</td>
<td>69</td>
</tr>
<tr>
<td>3.25</td>
<td>440</td>
<td>430</td>
<td>70</td>
</tr>
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<tr>
<td>3.25</td>
<td>430</td>
<td>440</td>
<td>72</td>
</tr>
<tr>
<td>3.0</td>
<td>430</td>
<td>450</td>
<td>73</td>
</tr>
<tr>
<td>3.25</td>
<td>420</td>
<td>450</td>
<td>74</td>
</tr>
<tr>
<td>3.0</td>
<td>420</td>
<td>460</td>
<td>75</td>
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</table>

**Partial Qualifier Sliding Scale**

<table>
<thead>
<tr>
<th>Core GPA</th>
<th>New SAT</th>
<th>Old SAT</th>
<th>ACT Sum</th>
</tr>
</thead>
<tbody>
<tr>
<td>3.0 &amp; above</td>
<td>400</td>
<td>400</td>
<td>57</td>
</tr>
<tr>
<td>3.025</td>
<td>410</td>
<td>410</td>
<td>58</td>
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<tr>
<td>3.025</td>
<td>410</td>
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<td>59</td>
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<td>3.025</td>
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<tr>
<td>3.025</td>
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<td>3.025</td>
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</tr>
<tr>
<td>3.025</td>
<td>460</td>
<td>470</td>
<td>65</td>
</tr>
</tbody>
</table>

For more information, visit the NCAA Division II Eligibility website.
NCAA Division II Eligibility con’t

Full Qualifier
- Complete 16 core courses.
- Earn a core-course GPA of at least 2.200.
- Earn the ACT/SAT score matching your core-course GPA on the Division II full qualifier sliding scale (see back page).
- Graduate high school.

Partial Qualifier
- Complete 16 core courses.
- Earn a core-course GPA of at least 2.000.
- Earn the ACT/SAT score matching your core-course GPA on the Division II partial qualifier sliding scale (see back page).
- Graduate high school.

Full Qualifier:
College-bound student-athletes may practice, compete and receive athletics scholarships during their first year of enrollment at an NCAA Division II school.

Partial Qualifier:
College-bound student-athletes may receive athletics scholarships during their first year of enrollment and may practice during their first regular academic term, but may NOT compete during their first year of enrollment.

Nonqualifier:
College-bound student-athletes may not practice, compete or receive athletics scholarships during their first year of enrollment at an NCAA Division II school.
Based on eligibility requirements set by the member institution and the college’s participating athletic conference
NCAA Academic Eligibility Timeline

- www.eligibilitycenter.org
- Core Course GPA: https://www.clearinghousecalculator.org/login.php

HIGH SCHOOL TIMELINE

GRADE 9

Plan
- Start planning now! Take the right courses and earn the best grades you can.
- Ask your counselor for a list of your high school's NCAA core courses to make sure you take the right classes. Or, find your high school's list of NCAA core courses at eligibilitycenter.org/courselist.

GRADE 10

Register
- Register for a Certification Account or Profile Page with the NCAA Eligibility Center at eligibilitycenter.org.
- If you fall behind on courses, don’t take shortcuts to catch up. Ask your counselor for help with finding approved courses or programs you can take.

GRADE 11

Study
- Check with your counselor to make sure you are on track to graduate on time.
- Take the ACT or SAT, and make sure we get your scores by using code 9999.
- At the end of the year, ask your counselor to upload your official transcript.

GRADE 12

Graduate
- Take the ACT or SAT again, if necessary, and make sure we get your scores by using code 9999.
- Request your final amateurism certification after April 1.
- After you graduate, ask your counselor to upload your final official transcript with proof of graduation.
When does your Recruitment Start?

- “Prospective student-athlete”
  - 9th grade
- “Recruited prospective student-athlete”
  - receive more than one call (after July 1 of junior year)
  - visit you or any family member
  - provide a paid visit to campus
Important Web Addresses

- NCAA Eligibility Center
  - www.ncaa.org
- National Association of Intercollegiate Athletics (NAIA)
  - www.naia.org
- National Junior College Athletic Association (NJCAA)
  - www.njcaa.org
- New Jersey State Interscholastic Athletic Association (NJSIAA)
  - www.njsiaa.org
- CoreCourseGPA
  - www.corecoursegpa.com
- Burlington County Scholastic League
Questions?
“ATHLETIC EDUCATION NIGHT - 2019”
Please complete the evaluation form!